

Updated October 2017

**Please see the below list of common cough, cold, and flu medications that are permitted under the Anti-Doping Program. Other commonly prescribed medications are listed in your Program Manual and Wallet Card and are also available on [pgatourlinks.com](http://pgatourlinks.com).**

**If you have questions about any medication please contact Andy Levinson at (904) 280-2487 or Dr. Tom Hospel at (614) 537-3000.**

**Antibiotics:** All Antibiotics, including Z-Paks

**Antiviral:** Tamiflu

**Antihistamines/Decongestants:** Allegra, Benadryl, cetirizine, chlorpheniramine, clemastine, Clarinex, Claritin, diphenhydramine, fexofenadine, loratadine, naphazoline, oxymetazoline, phenylephrine, pseudoephedrine\*\*, tetrahydrozoline, xylometazoline, and Zyrtec. **CAUTION: Vicks Vapor Inhaler is prohibited.**

\*\*Allegra-D, Benadryl-D, Claritin-D, Zyrtec-D, and Sudafed contain pseudoephedrine. This is prohibited when its concentration in urine is greater than 150 micrograms per milliliter. It is advisable to stop taking pseudoephedrine at least 24 hours before competition.

\*\*The threshold level has been established on the intake of therapeutic doses of pseudoephedrine, defined as a maximum dose of 240mg per day of pseudoephedrine taken as a single dosage or divided dosages.

**Combination Cold Medications:** Actifed cold & sinus\*\*, Advil cold & sinus\*\*, Afrin, Alka Seltzer/ Alka-Seltzer Plus (cold & cough, cold & sinus, cold & flu), Chlor-Trimeton (D\*\*, allergy), Comtrex, Contact (-D\*\*), Coricidin (-D\*\*, HBP, cold, flu & sinus, cough & cold), Dimetap, Dristan, Drixoral\*\* (cold & allergy\*\*, allergy sinus\*\*), Mucinex (-D\*\*, DM, Max Strength D\*\*, Max Strength DM, Nasal Spray), Neo Synephrine, Robitussin (severe congestion, cold & cough, CF, PE, DM), Sudafed (PE, Congestion\*\*, 12 hour\*\*, 12 hour pressure+pain\*\*, 24 hour\*\*) TheraFlu (flu, cold & cough, severe cold and congestion, flu & cold), Triaminic (cold & cough, allergy congestion, cold, allergy & sinus), Tylenol (Cold Severe Congestion\*\*, Tylenol Sinus Severe allergy\*\*, cold & flu, multi-symptom), Vicks (44D\*\*, Dayquil, Nyquil); Zicam

**Cough Preparations:** Codeine, Delsym, dextromethorphan, hydrocodone, Mucinex (-D\*\*, DM), Robitussin, St. Joseph, Theraflu, Triaminic, Tylenol (Cold Multi-Symptom Nighttime), Vicks Nyquil Cold and Flu, Zicam

**Expectorant:** Mucinex (-D\*\*, DM, Max Strength D\*\*, Max Strength DM), Guaifenesin

**Fever Reducers:** Advil (ibuprofen), Aleve (naproxen sodium), Aspirin, Motrin (ibuprofen), Tylenol (acetaminophen)

**Flu:** Alka Selzer, Contact, DayQuil, NyQuil, Theraflu

**Sneezing, itching, runny nose:** Allegra (Fexofenadine), Benadryl (diphenhydramine), Claritin (loratidine), Triaminic (chlorpheniramine), Zyrtec (cetirizine)

**Sore Throat:** Cepacol, Cold Eeze, Fisherman's Friend, Halls, Ludens, NyQuil, Ricola, Smith Brothers, Vicks

\*\*Any designation with D usually is reserved for pseudoephedrine. This is prohibited when its concentration in urine is greater than 150 micrograms per milliliter. It is advisable to stop taking pseudoephedrine at least 24 hours before competition.

\*\*The threshold level has been established on the intake of therapeutic doses of pseudoephedrine, defined as a maximum dose of 240mg per day of pseudoephedrine taken as a single dosage or divided dosages.